



Lifeguard Training

Want to be a certified Lifeguard?

March 8th thru 11th

Thursday: 3/8 – 7:00PM to 8:00PM (prerequisites)

Friday: 3/9 – 5:00PM to 9:00PM

Saturday and Sunday: 3/10 & 3/11 – 9:00AM to 5:30PM

*Saturday: 3/17 – 9:00AM to 12:00PM

*(Potential training date – may not be needed)

\$75.00/person

Prerequisites:

Must be 15 or older

Can swim 300 yards continuously

Tread water for two minutes – no hands

Complete timed brick retrieval skill

Location:

Lompoc Aquatic Center

207 W. College Ave

Lompoc, CA 93436

Please reserve your spot no later than Monday, March 5, 2018.

For more information please contact Ashlee Winslow:

a_winslow@ci.lompoc.ca.us / (805) 875-2703.