

# MEDIA RELEASE

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## **Lompoc Recreation Division Hosting 11<sup>th</sup> Annual Hank Hudson Memorial Sprint Triathlon**

*Junior Triathlon also to be held for kids 14 year old and younger*

**LOMPOC, CA, June 20, 2018**– The Lompoc Recreation Division is accepting registrations for the 11<sup>th</sup> Annual Hank Hudson Memorial Lompoc Sprint Triathlon and the popular Lompoc Junior Triathlon, in its 11<sup>th</sup> year. Both events are coming up on **Sat. Aug. 4.**

### **11<sup>th</sup> Annual Lompoc Sprint Triathlon**

500 yard Swim, 11 mile Bike, 3.1 mile Run

Saturday, August 4, 2018

First heat begins at 8 a.m.

\$50 individuals, \$90 relays. T-shirt included.

### **11<sup>th</sup> Annual Lompoc Junior Triathlon**

50 yard Swim, 1 mile Bike, ¼ mile Run (10 and under)

100 yard Swim, 2 mile Bike, ½ mile Run (11-14 years old)

Saturday, August 4, 2018

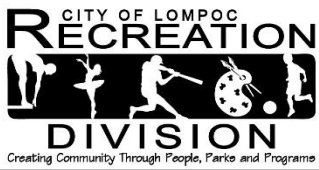
First heat begins at 10 a.m.

\$20 individuals, T-shirt included.

For more information or to sign up for either event, contact the City of Lompoc's Recreation Division at 875-8100 or stop by to see us at the Anderson Recreation Center, 125 West Walnut Avenue. Registration forms are also available at:

<https://apm.activecommunities.com/LompocRecreation>

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## **The Lompoc Recreation Division**

The City of Lompoc Recreation Division has grown significantly since it was started in 1945, as the community realized the importance of recreation to quality of life. The mission of the Lompoc Recreation Division is to provide for a better quality of life by promoting positive social behavior, interaction with others, self-discovery and positive self-esteem through the development, implementation, and coordination of a wide variety of recreation and leisure services. Lompoc Recreation provides varied programs and services for youth, teens, and adults of all ages. The division also offers several venues for hosting public and private events, including the state-of-the-art Lompoc Aquatic Center. For a full list of programs and services, visit us online at [www.cityoflompop.com/parks\\_rec](http://www.cityoflompop.com/parks_rec).